## **aHOMELESS RESOUCE GUIDE**

SHELTER	DESCRIPTION OF SERVICES PROVIDED
211 Emergency Shelter, Housing & Human Services	Alameda County Coordinated Entry – This is a confidential 24-hour phone service which provides information about housing, emergency shelter and other human services programs, multiple languages are spoken. If you need a shelter, the operator will give you a shelter number where space is available You will then need to contact the shelter to make arrangements to stay.
Fremont Family Resource Center (FRC) (510) 574-2000 39155 Liberty St Ste A110, Fremont, CA 94538	The FRC co-locates 25 state, county, city, and non-profit agencies to provide social services. Services include employment, childcare referral, housing assistance, health/mental health services and many other services.
CAREavan Program (510) 675-5482 Senior Center - 33997 Alvarado-Niles Road, Union City (510) 476-2770 Union City Family Center - 725 Whipple Road, Union City	Safe overnight parking program. Participants can fill out an enrollment form at the Union City Senior Center or Union City Family Center.
Fremont Warming Center for the Homeless Fremont Senior Center Hotline (510) 574-2222 40086 Paseo Padre Pkwy, Fremont	The Warming center is open if it is raining or below 40 degrees, check in is at 6:30 pm, and you need to be out by 7 am. Sleeping bags, cots and pillows are provided. Dinner and breakfast are served. Shower available. Call to see if center is open (Nov 15 – March 15).
FOOD	DESCRIPTION OF SERVICES PROVIDED
Centro de Servicios – Union City (510) 489-4100 Monday – Thursday 9 AM – 12 PM and 1 PM – 5 PM Location: 525 H Street, Union City	Provides food distribution, Thrift Store, immigration services, Translation Services, legal aid and job placement.
City Serve Compassionate Network (510) 657-3133 Monday-Wednesday-Friday 7:00 am – 9:00 am	Serves a hot, nutritious breakfast to hungry people.
Centerville Free Dining Room at Centerville Presbyterian Church (510) 793-9063  Tuesday & Thursday 4:00 am – 6:00 pm Location: 4360 Central Ave, Fremont	Hot, nutritional free meals served Tuesday and Thursday 4 pm – 6 pm by community volunteers of all ages. Clothes available to those in need. To be served arrive at the dining room between 3:00 pm – 6:00 pm. Free showers on Tuesday and Thursday from 4:00 pm – 6:00 pm.
Tri-City Free Breakfast Program Irvington Presbyterian Church (510) 657-3133 41020 Chapel Way, Fremont	Serves a hot, nutritious breakfast to hungry people.
Monday-Wednesday-Friday between 7:00 am – 9:00 am	
HEALTH SERVICES	DESCRIPTION OF SERVICES PROVIDED
Alameda County Health Care ACCESS (800) 491-9099	Referral to mental health services for Alameda County.

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## **HEALTH SERVICES**

## **DESCRIPTION OF SERVICES PROVIDED**

HEALTH SERVICES	DESCRIPTION OF SERVICES PROVIDED
Bay Area Community Services (510) 656-7742 Call for information during office hours Monday – Friday 8:30 am – 4:00 pm	Day program providing education, socialization and transitional employment for mentally disabled adults in the Tri-Cities area. All clients with a history of mental illness are welcome to apply. All clients with a history of mental illness are welcome to apply
Tri City Health Center – Fremont (510) 770-8040  Monday – Thursday 8:00 am – 7:00 pm Friday and Saturday 8:00 am – 5:00 pm  39500 Liberty Street – Primary Care / Vision Care 2299 Mowry Ave #3B, Pediatrics 1999 Ave #A,D,F,N – Primary Care 40910 Fremont Blvd – Dental Primary Care 3607 Main Street Suite B – Primary Care	Provides immunizations, heath screening, family planning services and primary health care with MediCal Accepted. Limited appointments available for clients unable to pay on a sliding scale. Call during clinic hours.
DOMESTIC VIOLENCE	DESCRIPTION OF SERVICES PROVIDED
SAVE (Safe Alternative to Violent Environment) 24-hour hotline (510) 794-6055 1900 Mowry Ave #201, Fremont	Emergency Housing for battered women and their children in a safe, anonymous location in the Tri-City area. Assistance with restraining orders and counseling available on sliding scale.
NISA (North American Islamic Shelter for Abused) (888) 275-6472	Providing emergency shelter referral for abused women and their children.
NARIKA Hotline (800) 215-7308	Provides support and referrals to woman in abusive situations and understanding the varied lives of South Asian women in the United States.
VETERANS SERVICES	DESCRIPTION OF SERVICES PROVIDED
Veteran Services Fremont (510) 795-2686 Oakland (510) 577-3547 Support Services for Veteran's Family Project Hotline (510) 903-1200	For more information about services for homeless Vets contact: Operation Vets Home (510) 372-0777 or email: <a href="mailto:christian.leicham@ebcrp.org">christian.leicham@ebcrp.org</a> , outreach worker for Operations Vets Home East Bay Community Recovery Project. For more local assistance related to housing (VASH Voucher, which are housing subsidies for Vets) email: <a href="mailto:kathleen.butler@va.gov">kathleen.butler@va.gov</a> , HUD Vash Supervisor working out of Livermore. <a href="mailto:colinkalahar@va.gov">colinkalahar@va.gov</a> is the Case Worker for Vash Vouchers working out of Palo Alto. Both above serve VETS in the Tri City (Fremont, Newark, and Union City area. Administrative offices for Vet Services for the Tri-City area located in Palo Alto.
BENEFITS	DESCRIPTION OF SERVICES PROVIDED
Alameda County Social Services (510) 795-2428 39155 Liberty Street, Suite C330, Fremont	General Assistance (GA) Food Stamps, Cal Works and MediCal Assistance for families.