

CITY OF UNION CITY PROCLAMATION



In Recognition of May 2025 as National Mental Health Awareness Month

WHEREAS, mental health is essential to overall health and well-being, and affects how people think, feel, act, handle stress, relate to others, and make choices; and

WHEREAS, one in five adults in the United States experiences a mental health condition in any given year, and many children and youth also face mental health challenges that can impact their development, education, and relationships; and

WHEREAS, mental health conditions are common and treatable, but too often stigma and lack of access prevent people from seeking the help they need; and

WHEREAS, the City of Union City supports efforts to increase awareness, education, and access to mental health services so that all people, especially those who are most vulnerable, can live full and healthy lives; and

WHEREAS, National Mental Health Awareness Month provides an opportunity to break the silence, promote compassion and understanding, and uplift those affected by mental health challenges.

NOW, THEREFORE, I, Gary Singh, Mayor of the City of Union City, and on behalf of the entire City Council, do hereby proclaim May 2025 as **National Mental Health Awareness Month** in Union City, and encourage all residents to support mental health education and advocate for policies that promote well-being for all.

DATED: May 27, 2025

GARY SINGH, Mayor

SCOTT SAKAKIHARA, Vice Mayor

LANCE NISHIHARA, Councilmember

JAIME PATIÑO, Councilmember

JEFF WANG, Councilmember